



H.C. POLK, JR.
REGIONAL DIABETES CENTER
of East Texas

2009 Schedule

Memorial Cooking Innovations

12:00noon – 1:00p.m.

Community Room

January	12	July	13
February	9	August	10
March	9	September	14*
April	13	October	12*
May	11	November	9*
June	8	December	14

Your \$5 covers the cost of lunch.

Reservations must be made by the Friday before each class.

* Cooking Innovations on this date will be held in the Medical Staff Meeting Room – Around the corner from the Gift Shop

Diabetes Support Group

12:00noon – 1:00p.m.

Community Room

January	21	July	15
February	18	August	19
March	18	September	03
April	15	October	01
May	20	November	05
June	17	December	03

Your \$5 covers the cost of lunch.

Reservations must be made by the Friday before each class.

Did you know that Medicare and most insurance allow follow-up services for Diabetes Self Management Training one year after your initial visit? Call 639-7585 to see when you are eligible.

If you have any questions, please contact the Horace C. Polk, Jr. Regional Diabetes Center (936) 639-7585.