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## Memorial Health System of East Texas Celebrates National Rehabilitation Week

LUFKIN, TEXAS (October 3, 2008)...Helping someone who has suffered a disabling event take back control of their life and their body is the main focus of someone who works in rehabilitation. Whether it is helping someone learn how to walk again, speak again, or do something as small as brush their own teeth again, those who work in rehabilitation make a difference in many lives. Memorial Health System of East Texas recently recognized physical therapists, occupational therapists and speech/language therapists during National Rehabilitation Week in September.

Memorial Health System of East Texas aids patients needing rehabilitation services as inpatients and outpatients. The inpatient rehabilitation services include physical therapy, occupational therapy, and speech/language therapy. These services are provided in the patient's room as well as a large gym area located on the 1st floor of the hospital that also includes stairs, parallel bars, and two full body whirlpool tubs for wound care. The team that works with inpatient rehabilitation provides individualized interdisciplinary assessment, diagnosis, treatment, education and training for patients, patients' family, and patients' provider.

Memorial's outpatient facility, Wilson McKewen Rehabilitation Center, is located on South First Street near Angelina College. This facility has been a vital part of Lufkin's medical community for more than five decades. While providing all of the same services as Memorial's inpatient facility, Wilson McKewen has the only indoor aquatic therapeutic pool which allows the patient to more easily do exercises without putting undue weight on joints that could be affected.

Memorial Health System of East Texas would like to thank all those in the Rehabilitation Services for their hard work and dedication to our patients. "The therapists and technicians that worked with me were very professional and personable. They gave me a feeling of confidence, and I know they helped me with my problem. I cannot express enough how much I appreciated their help," said Linda Fancher a patient at Memorial Health System of East Texas.

**Cutline:** Memorial Health System of East Texas recently celebrated National Rehabilitation Week. Memorial Health System of East Texas aids patients needing rehabilitation services as inpatients and outpatients. Rehabilitation services include physical therapy, occupational therapy, and speech/language therapy. Pictured are: (Front Row, L to R)Karon Goolsby, Patty Stansfield, Perlita Tarangoy, Sandy Kraemer, Joanna Serafica, Shyla Tiu, Pam West, Lillie Brooks (2<sup>nd</sup> Row, L to R)Eugene Butler, Dean Seiser, Kristin Holloway, Lisa Elliott, Charlotte Huffstetler, Lindsey Jackson (3<sup>rd</sup> Row, L to R)Joseph Loyd, Myhr Angeli GO, Desiree Amodia, Elisa Harris (4<sup>th</sup> Row, L to R)Kim Jones, Allan Opilas, Raul

De Los Reyes, Patrick Taylor (Not pictured) Andra Self, Director of Rehabilitation Services; Leo Dominguez, Tressie McCoy, Tony Bondad, Meredith Scudder, Randi Lunsford, Cassie Lee, Bridget Studer, Kathy Beck

### **About Memorial Health System of East Texas**

As the largest health care system in the deep East Texas area, Memorial Health System of East Texas is a private, not-for-profit hospital that provides care to almost a quarter of a million patients each year. Since its inception in 1949, Memorial Health System has paved the way for quality, innovative health care in East Texas. In fact, Memorial consistently ranks among the nation's best for exceptional health care and patient satisfaction.

Memorial Health System of East Texas is comprised of four hospitals—Memorial Medical Center—Lufkin, Memorial Medical Center—Livingston, Memorial Medical Center—San Augustine, and Memorial Specialty Hospital, one of only two rural long-term acute care facilities. Memorial offers a wide array of services, including the newly renovated Arthur Temple, Sr. Regional Cancer Center, which has earned a three-year seal of approval with commendation from the Commission on Cancer. Additionally, Memorial is a regional cardiac care center affiliated with the Methodist-DeBakey Heart Center in Houston. The hospital also is known for providing the area's only comprehensive diabetes center—The Horace C. Polk Regional Diabetes Center. Other centers of excellence include the Temple Imaging Center that offers some of the most advanced procedures in the area, including PET/CT scanning for cancer and Alzheimer's, 64 Slice CT scanning, Open Bore MRI, 4D Ultrasound, and digital mammography. Other specialty areas include Orthopedic care, Women's Services, Inpatient and Outpatient Rehabilitation, Homecare, Wound and Hyperbaric Therapy, Kidney & Diabetes Treatment, Sleep Disorders Treatment, and Express Lab. Memorial Health System of East Texas—founded and funded by the people it serves.